

CONFERENCE ACCOMMODATION PARTNERS



The Art of Good Health and Wellbeing Conference recommends the following accommodation providers for your stay in Port Macquarie and gratefully acknowledges their support of the conference.

Please see individual websites for further details and to make a booking.

All properties are 4.5 star, offer a range of accommodation options and are located within easy walking distance to the Glasshouse Arts, Conference and Entertainment Centre. Contact each accommodation provider directly by phone, fax or email and you will qualify for these special conference rates and receive the red carpet treatment during your stay in Port Macquarie!



Rydges Port Macquarie

2 Hay Street, Port Macquarie

★★★★★

Tel: 02 6589 2888 (international calls 61+2 6589 2888)

Fax: 02 6589 2820

Email: reservations_portmacquarie@rydges.com

Web: www.rydges.com/cwp/artshealth09

Centrally located on the Town Green, overlooking the Hastings River, Rydges Port Macquarie is just one block from the conference venue. The Hotel offers full international service, with an intimate bar adjoining a waterfront restaurant and cafe and features 98 well appointed guest rooms and 22 serviced apartments. Many of these rooms and apartments enjoy expansive views of the Hastings River and Ocean views as well from the higher levels.

Rydges Port Macquarie is in the heart of the shopping & restaurant precinct, facilities include 24 hour reception, gymnasium, heated outdoor pool & spa.

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| • Deluxe queen city view | 2 adults | \$175 |
| • Deluxe queen water view | 2 adults | \$195 |
| • Deluxe queen water view with balcony | 2 adults | \$215 |

Twin rooms available on request

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| • 2 Bedroom 2 bathroom apartment with kitchen, lounge, dining room, water views and spacious private balcony | 4 adults | \$315 |
| • Full hot breakfast per person | | \$18 |



The Observatory

40 William Street, Port Macquarie

★★★★★

Tel: 02 6586 8000 (international calls 61+2 6586 8000)

Fax: 02 6586 8888

Email: info@observatory.net.au

Web: www.observatory.net.au

Enjoy spectacular ocean and hinterland views at The Observatory, located opposite Town Beach and only a 10 min riverside stroll into Port Macquarie town centre.

Choose from 1, 2 & 3 bedroom open plan apartments, hotel rooms or penthouses all with contemporary finishes and state-of-the-art appliances. Onsite resort facilities include heated indoor pool, sauna & spa, outdoor BBQ area, Endota Day Spa, alfresco dining at Modern Australian restaurant, wireless broadband & free undercover security parking.

The Observatory is the North Coast's most awarded apartment hotel – winning the Mid-North Coast Tourism Awards in 2005, 2006, 2007 & 2008. The Observatory is also Australia's first deluxe resort to introduce a carbon pollution reduction program with the aim of becoming of entirely carbon neutral by 2012.

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| • 1 Bedroom tower apartment (kitchenette & laundry) | 2 adults | \$139 |
| • 1 Bedroom apartment (kitchen & laundry), ocean view | 2 adults | \$179 |
| • 2 Bedroom 2 bathroom apartment (kitchen & laundry), ocean & river views | 4 adults | \$219 |
| • 3 Bedroom 2 bathroom, ocean view apartment (kitchen & laundry) | 6 adults | \$259 |
| • 3 Bedroom 3 bathroom penthouse apartment (kitchen, laundry, dining area & expansive lounge), ocean, river and hinterland views | 6 adults | \$499 |

Minimum 2 night stay

THE ART OF Good Health and Wellbeing

International Arts and Health Conference

10–13 NOVEMBER 2009

Port Macquarie NSW Australia

Pre-Conference Events: 7–9 November 2009

Post-Conference Events: 14–15 November 2009

www.artsandhealth.org

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Please see individual websites for further details and to make a booking



Mercure Centro Hotel 103 William Street, Port Macquarie

★★★★★

Tel: 02 6583 0830 (international calls 61+2 6583 0830)

Fax: 02 6583 0831

Email: reservations@centrohotel.com.au

Web: www.centrohotel.com.au

Relax, unwind and enjoy the very latest hotel furnishings and features, with an attention to detail that will make your stay that little bit more special. Five minutes' walk from the conference venue, the Mercure Centro Hotel offers an outdoor swimming pool, stylish lounge bar and quality restaurant.

Rooms include 32" LCD flat screen, internet, TV, tea & coffee making facilities, balcony, air conditioning, cable TV, pay in house movie selection, daily maid service, room service, electronic key system, hair dryer, iron & board, mini bar.

• Queen room	2 adults	\$139
• King, queen or twin room	2 adults	\$149
• Deluxe spa suite (over 60 sq)	2 adults	\$189
• Superior spa suite (over 60 sq)	2 adults	\$199
• Full hot breakfast per person		\$15



Macquarie Waters Hotel and Apartments 11 Clarence Street, Port Macquarie

★★★★★

Tel: 1800 702 535 (international calls 61+1800 702 535)

Fax: 02 6583 8788

Email: info@mwaters.com.au

Web: www.mwaters.com.au

A boutique hotel complex conveniently located in the Port Macquarie CBD, adjacent to the waterfront and two blocks from the conference venue. The apartment complex includes heated outdoor pool and spa, unique dive in theatre, guest roof deck with ocean views, spa, BBQ and hammocks, free broadband and security car parking.

The award winning Corner restaurant is open 7 days from 7am for breakfast, lunch and dinner plus coffee all day. With bi-fold glass doors opening to a sunny terrace, The Corner offers fresh local cuisine matched with a comprehensive wine list.

Macquarie Waters offers 49 well appointed hotel rooms and 1, 2 and 3 bedroom self contained apartments. Contemporary design with stainless steel appliances, LCD Flat screen TVs, Austar and ipod docking stations in every room. Spa and ocean view rooms are available.

• Motel style room	2 adults	\$155
• 1 Bedroom	2 adults	\$165
• 2 Bedroom	4 adults	\$220
• 3 Bedroom	6 adults	\$250

Minimum 3 night stay

• Spa per room per night	\$25
• Water view per room per night	\$25
• Breakfast per person	\$15



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Port Macquarie is positioned on the Mid North Coast of New South Wales, just off the Pacific Highway, 4.5 hours from Sydney's northern suburbs and less than 3 hours from Newcastle by car. Travelling south, it is a six hour drive from the NSW/Queensland border. From western New South Wales, the Oxley Highway provides access from the New England Highway, Armidale and Tamworth in less than 4 hours. For more information on the area, log on to Mid North coast Tourism (www.midnorthcoastnsw.com.au) and Port Macquarie Tourism (www.portmacquarieinfo.com.au)



Port Macquarie's airport has been voted one of the best regional airports in Australia and is just 10 minutes drive to the CBD. Airport transfers by bus and taxi are available.

Daily airline services to Port Macquarie are offered by Qantaslink and several other airlines including Virgin Blue and Brindabella Airlines. Qantaslink is the preferred airline for the Arts and Health conference and its flights link to Qantas national and international flights. To book online, log on to www.qantas.com.au



- 1 Macquarie Waters
- 2 Mercure Centro Hotel
- 3 Rydges Port Macquarie
- 4 The Observatory
- 5 Glasshouse Arts, Conference & Entertainment Centre



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